BRITISH RED CROSS SOCIETY

NOTE BOOK WITH DIAGRAMS

FOR

USE DURING ATTENDANCE AT RED CROSS COURSES OF

FIRST AID

OXFORD MEDICAL
PUBLICATIONS

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FIRST AID

SECOND IMPRESSION

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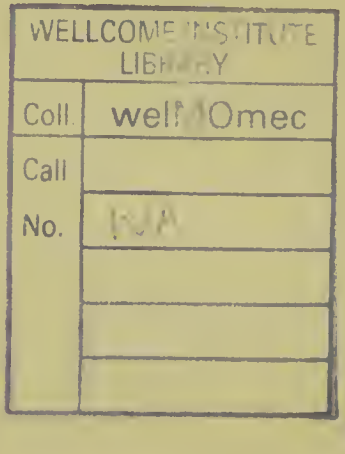

PREFACE

THIS Note Book has been prepared with the view of affording assistance in the study of Red Cross First Aid, including Elementary Anatomy.

The Figures consist in reproductions of the Diagrams shown during the Lectures; to these the Student can add his or her own notes and references.

Sufficient space is provided for the learner to preserve notes of each lecture, and to add any matter acquired by more mature study, and space is left at the end of the Diagrams for notes on Nursing or a recapitulation of the Lectures. Detailed description of the diagrams has been purposely omitted, in order that the student may add it for himself.

The illustrations have been prepared under the direction of the Education Sub-Committee of the British Red Cross Society by Dr. Georges Dupuy.

March 1914.

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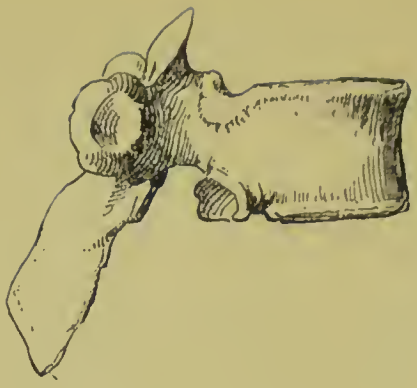
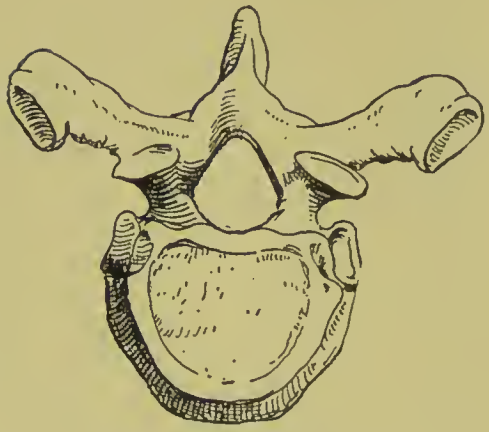
HUMERUS OF YOUNG SUBJECT, SHOWING LINES OF EPIPHYSES.

SECTION OF THIGH BONE (Femur).

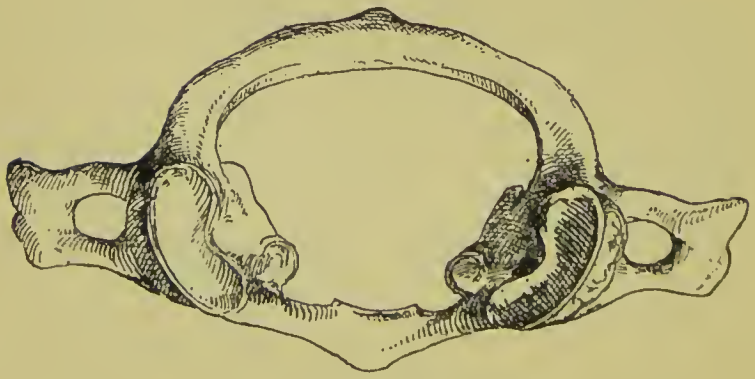
NOTES



THORACIC VERTEBRA:
Lateral View.

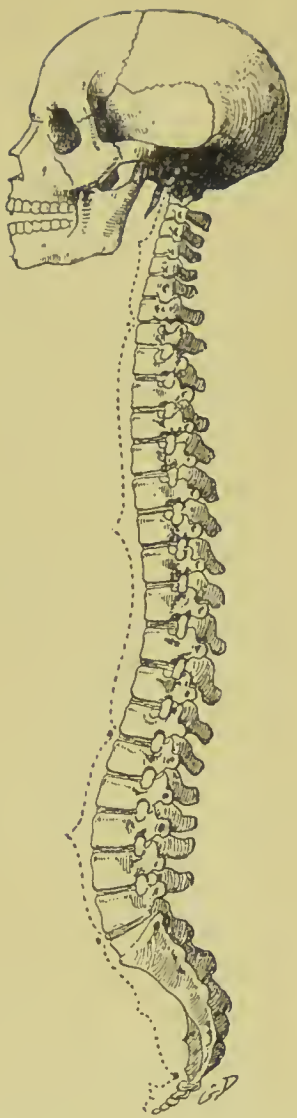


THORACIC VERTEBRA:
Seen from above.



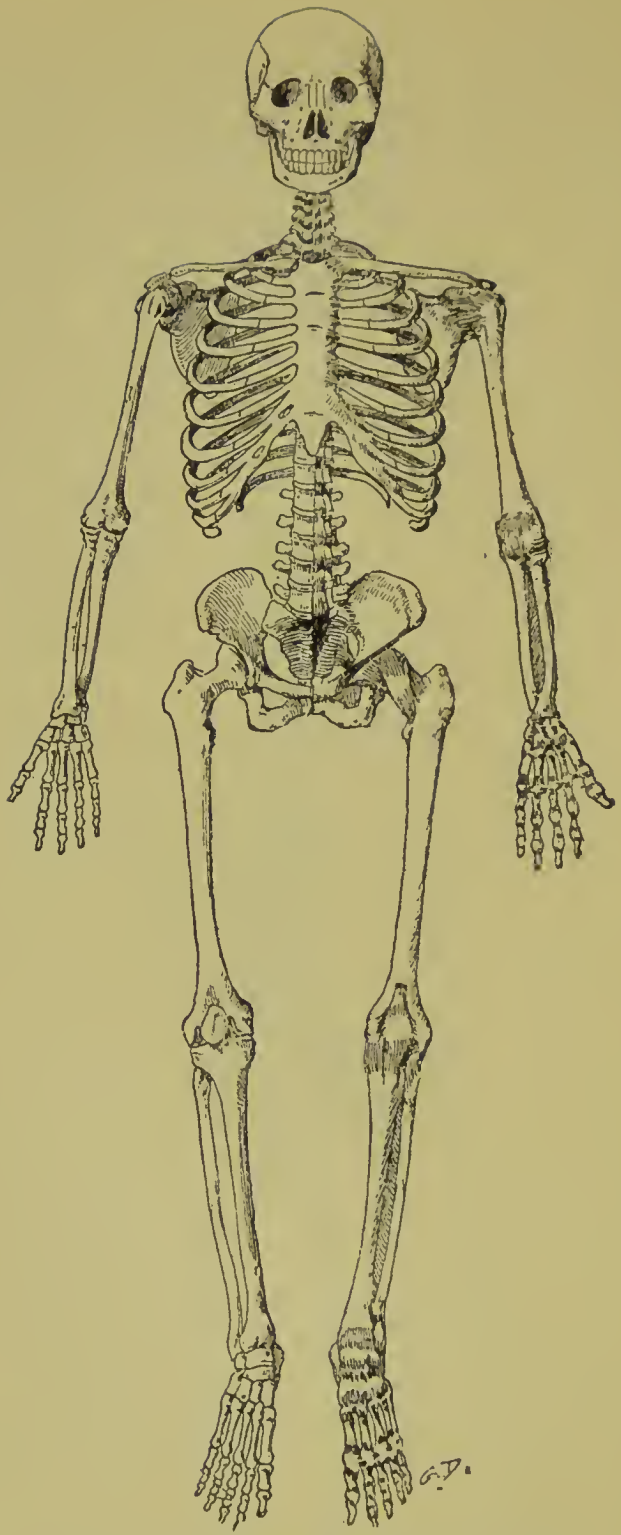
ATLAS.

NOTES



Skull and Vertebral Column.

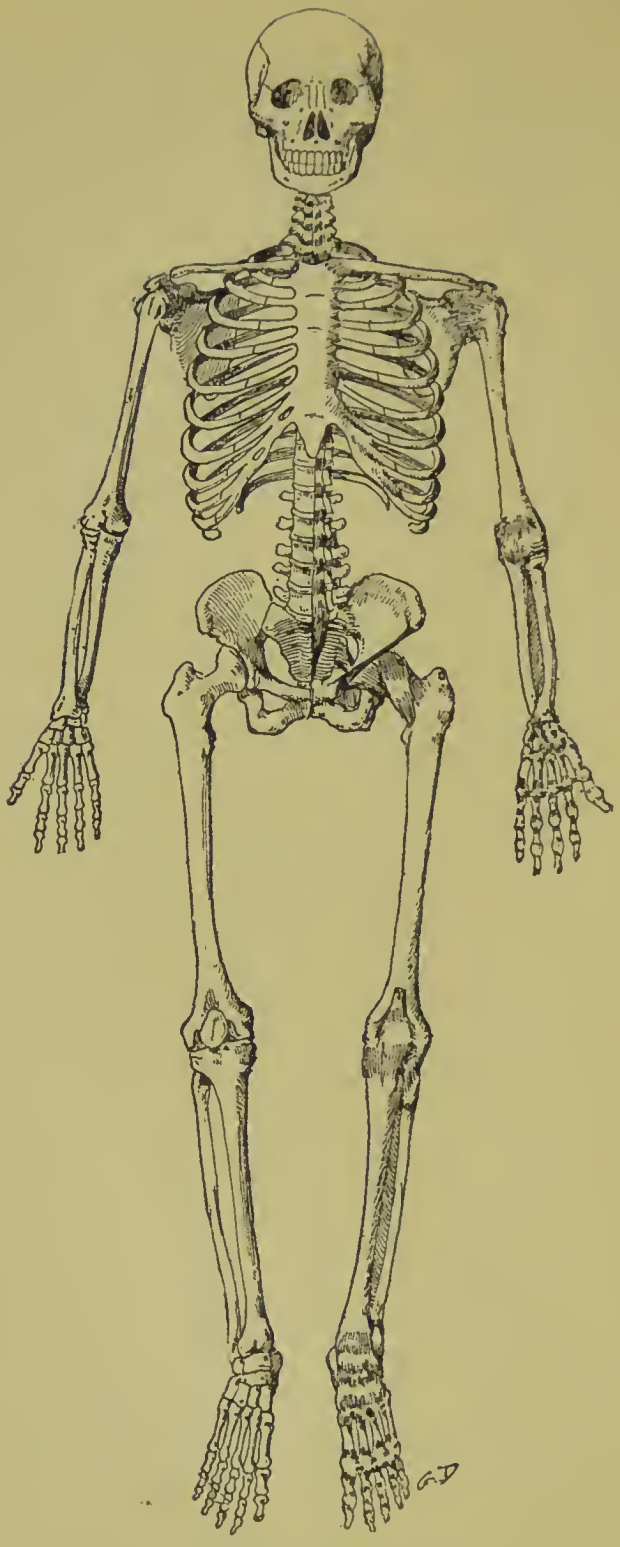
NOTES



SKELETON.

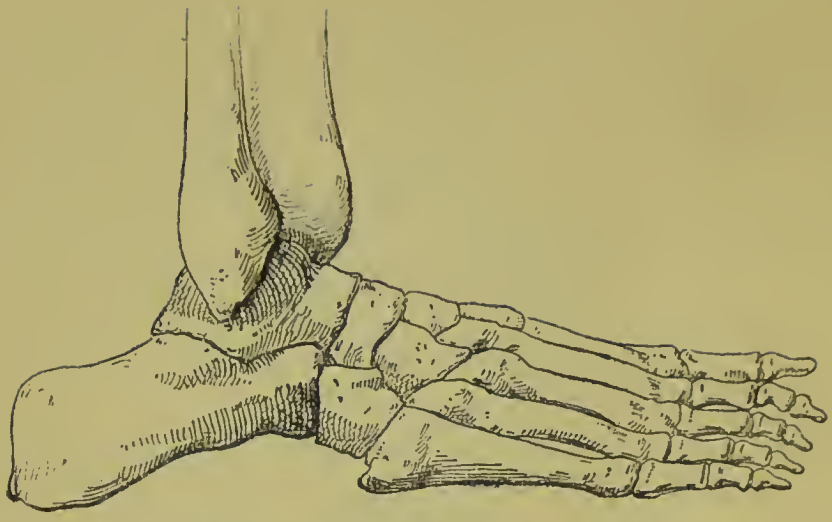
Ligaments shown on left side of the body.

NOTES



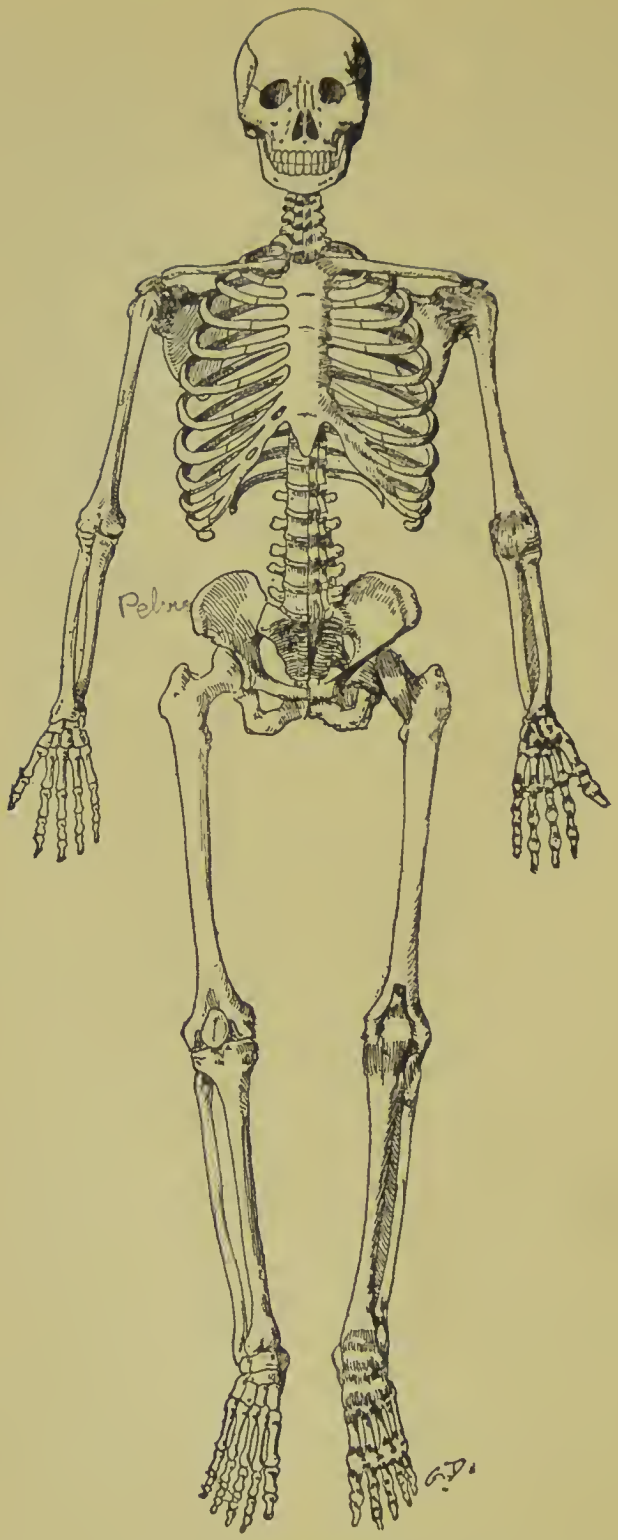
SKELETON.
Ligaments shown on the left side.

NOTES



Ankle, and Bones of the Foot.

NOTES



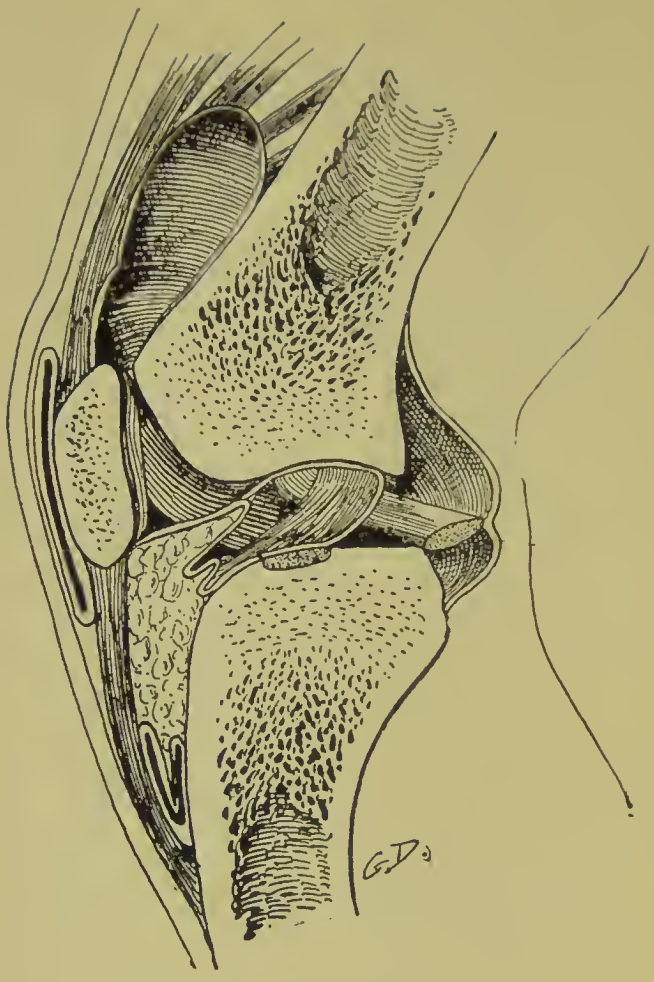
SKELETON.

Ligaments shown on the left side.

NOTES

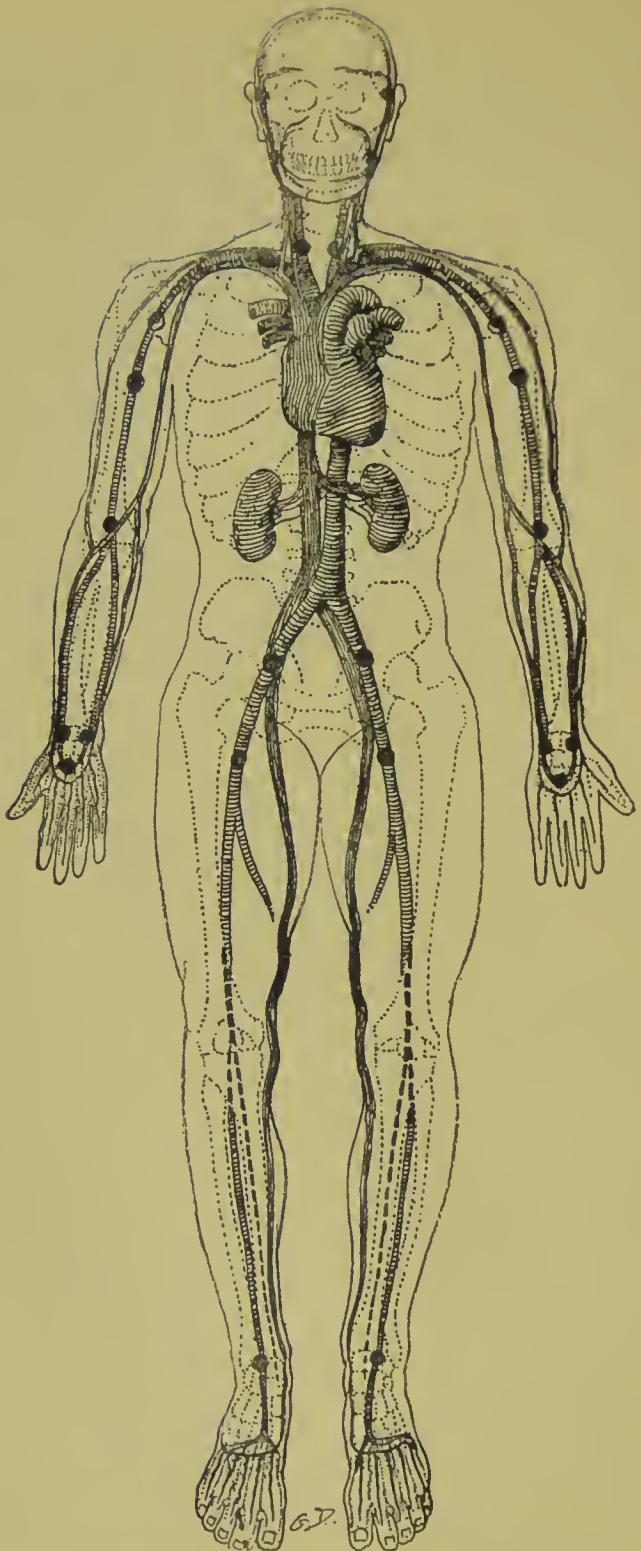
(Section of Ball and Socket Joint Hip).

NOTES



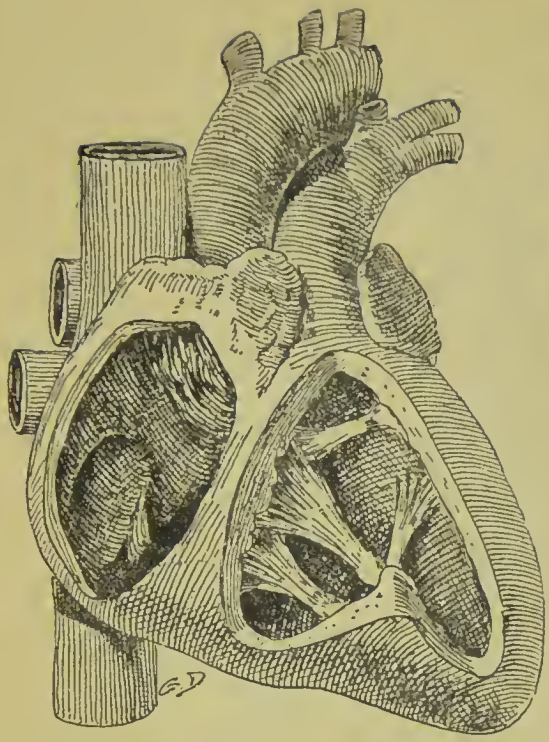
Section of Hinge Joint (Knee).

NOTES



General Scheme of the Circulation.
The position of the Kidneys is shown.

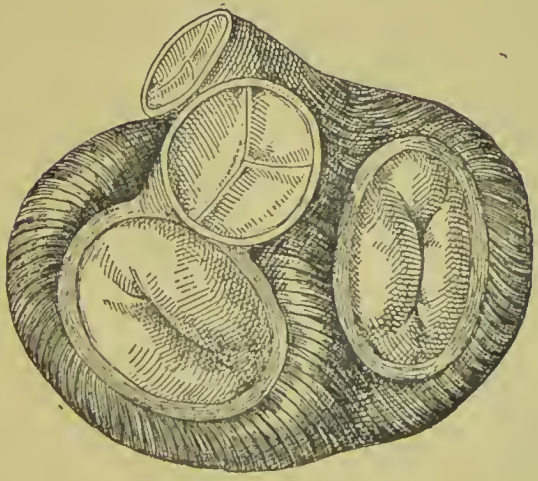
NOTES



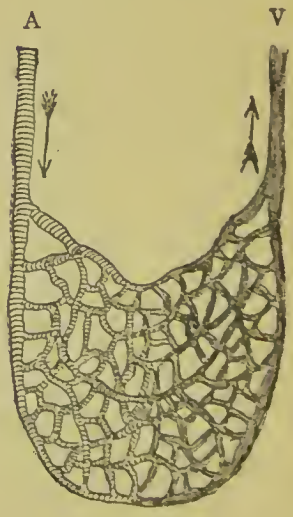
Cavities of the Right Side of the Heart.

Section of Artery.

(*a*) Vein; (*b*) Artery; (*c*) Longitudinal Section of Vein, showing Valves.

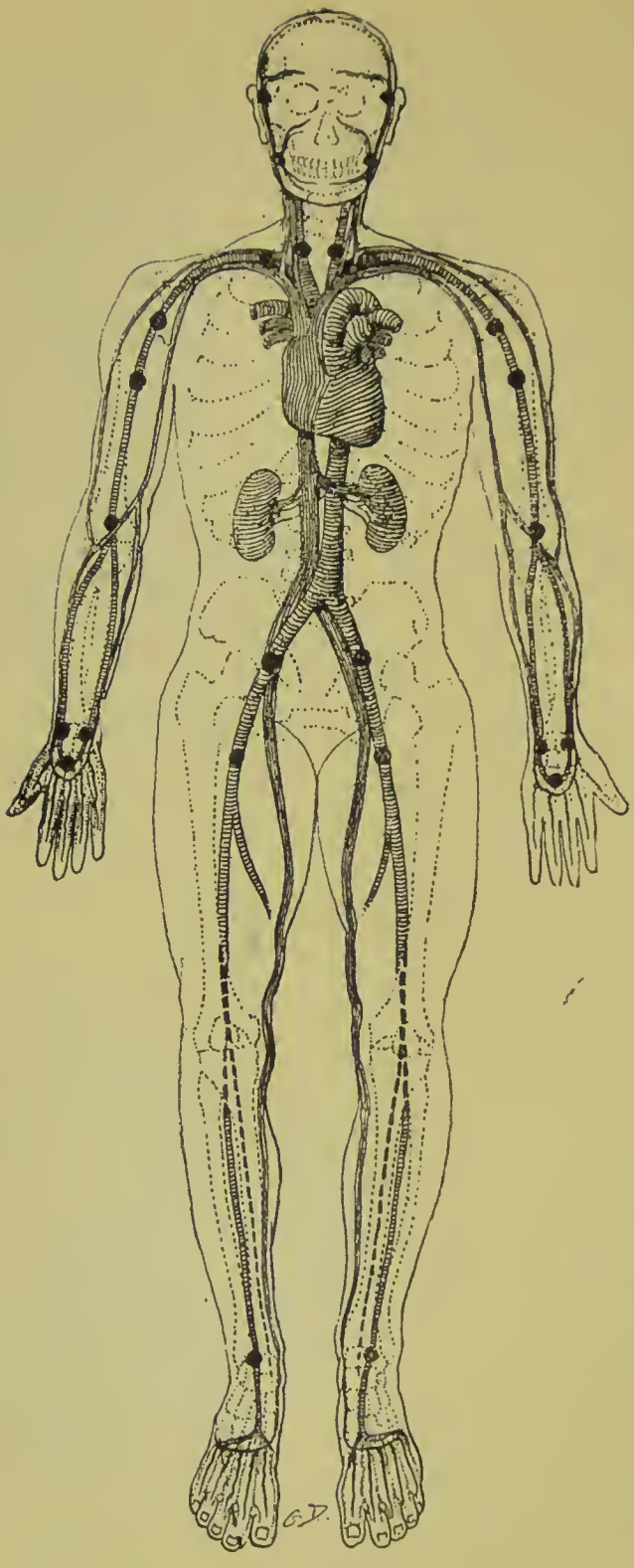


Valves of the Heart:
Seen from above.



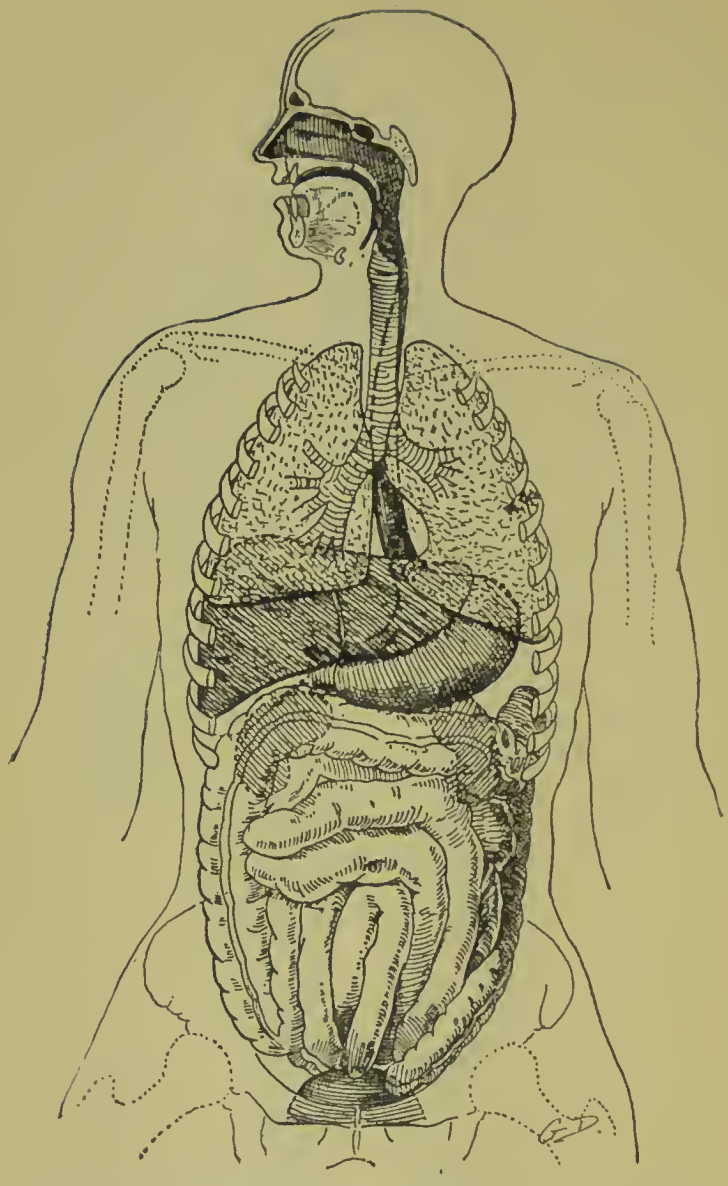
The Capillary Circulation.

NOTES



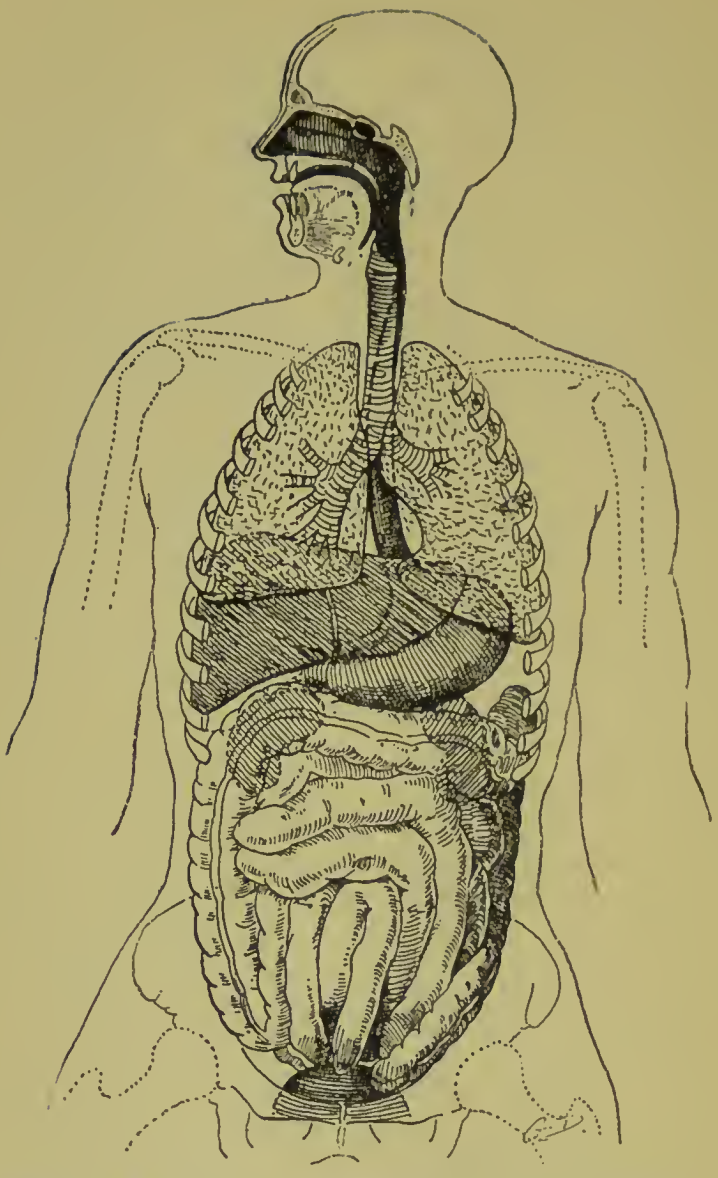
General Scheme of the Circulation.

NOTES



SECTION OF HEAD AND TRUNK, SHOWING THE VISCERA.

NOTES



SECTION OF HEAD AND TRUNK, SHOWING THE VISCERA.

NOTES

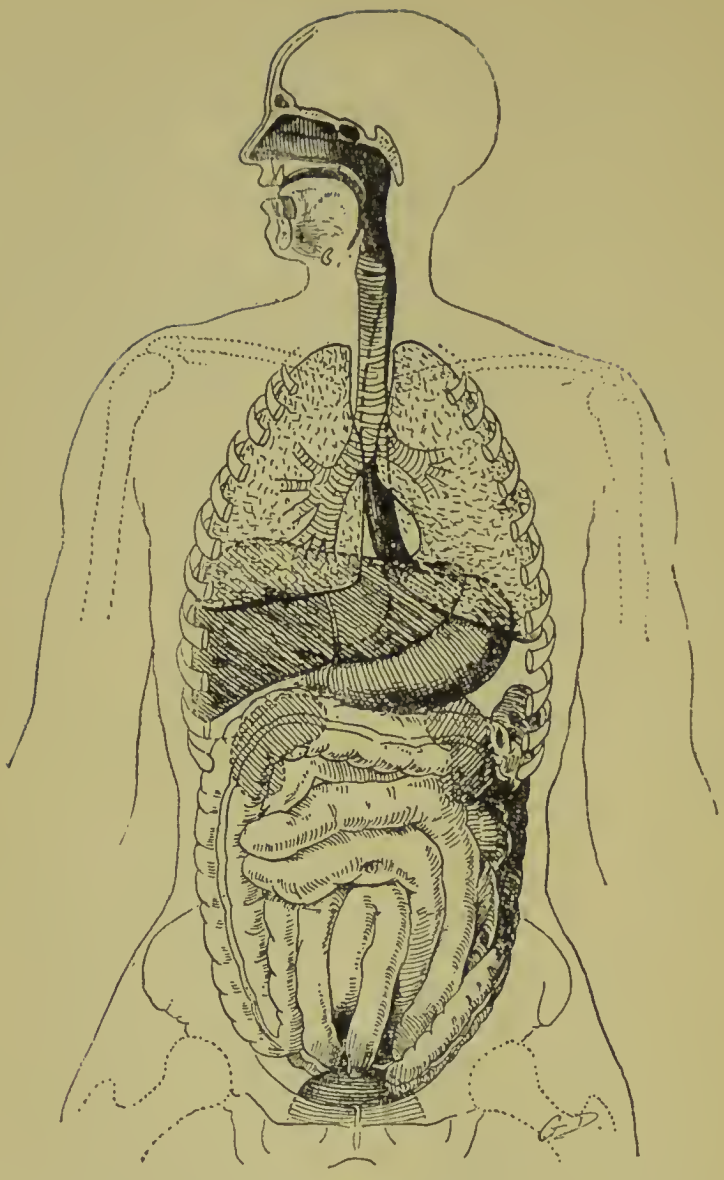
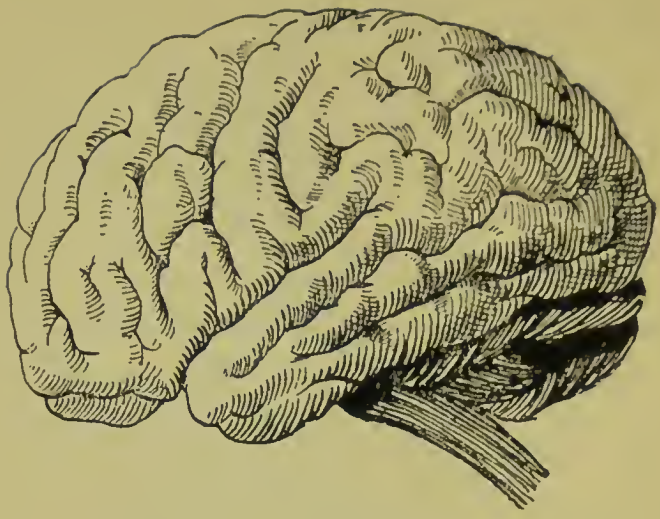


Diagram of the Viscera.

NOTES

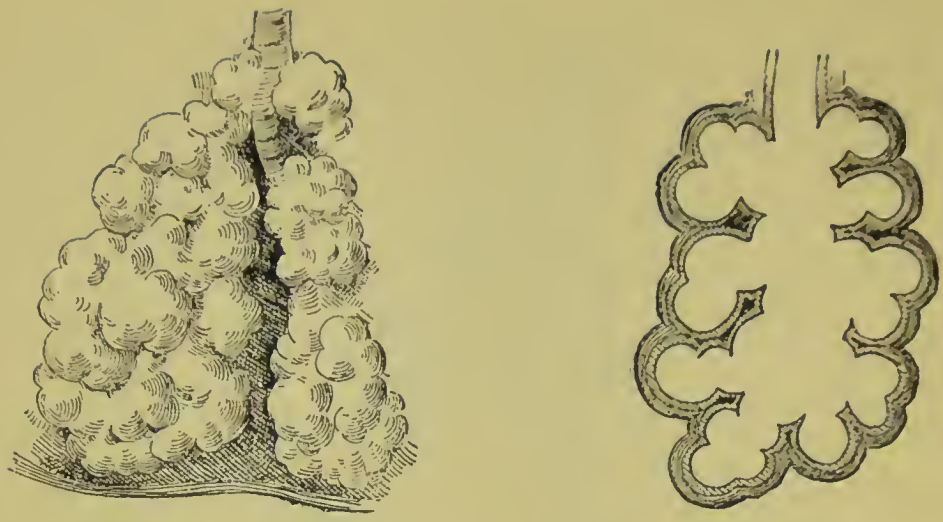


Lateral View of Brain.

NOTES

Spinal Cord and Nerves, showing Great Limb Plexuses.

NOTES

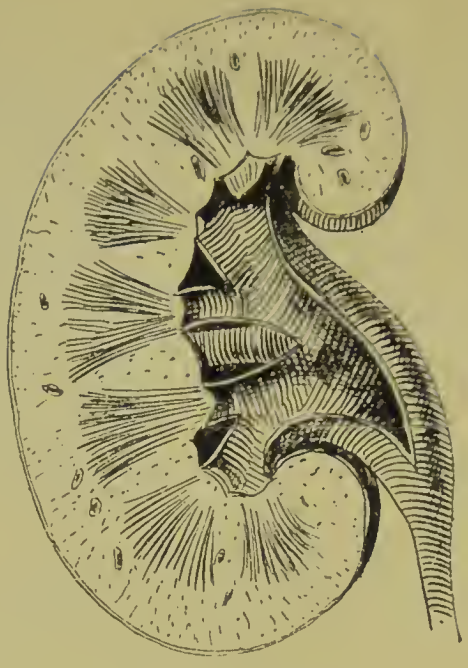


a *b*

ALVEOLUS OF LUNG.

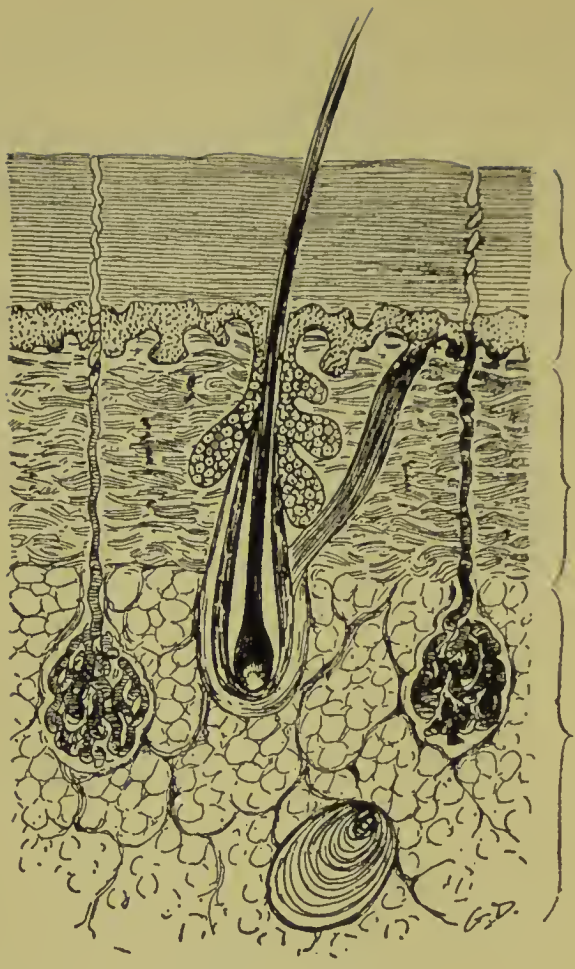
(*a*) External View. (*b*) Section.

NOTES



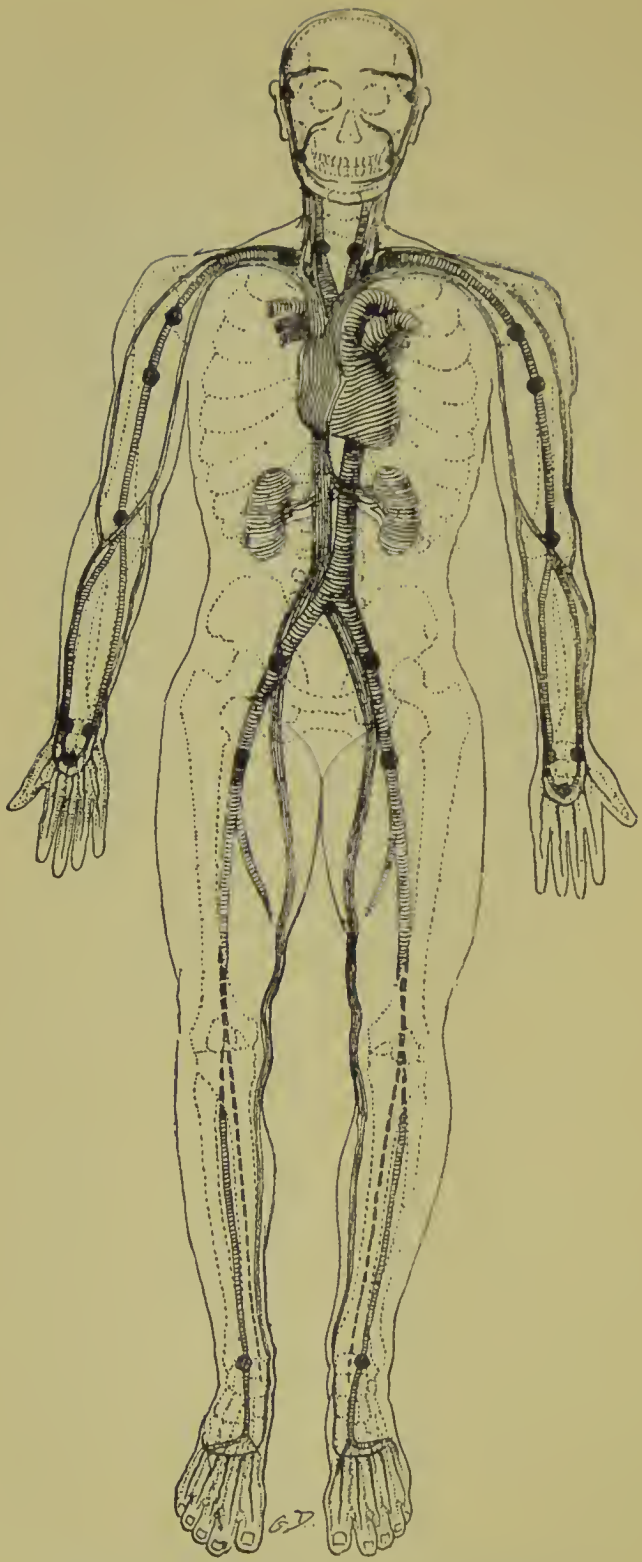
SECTION OF KIDNEY.

NOTES



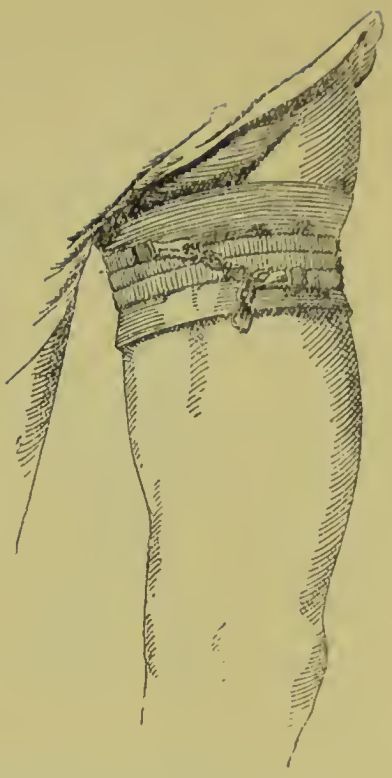
Section of Skin.

NOTES

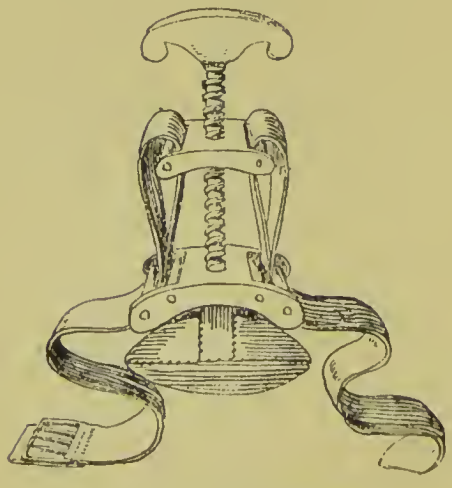


General Scheme of the Circulation.
Showing points where Arteries are compressed.

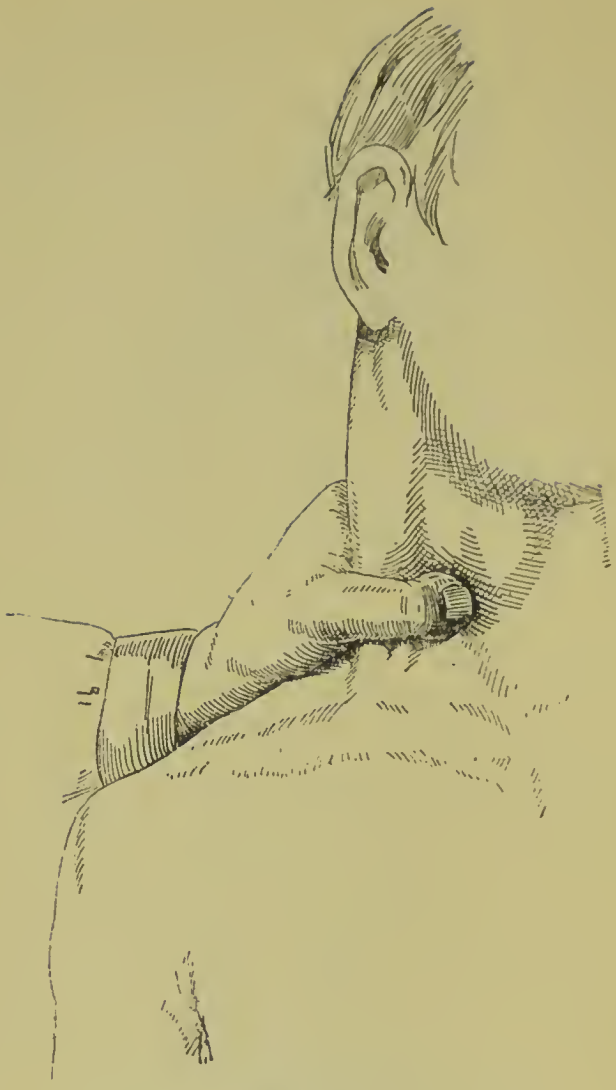
NOTES



Esmarch's Tourniquet applied to Thigh.



Screw Tourniquet.



DIGITAL COMPRESSION OF CAROTID.

NOTES

Digital Compression of Subclavian.

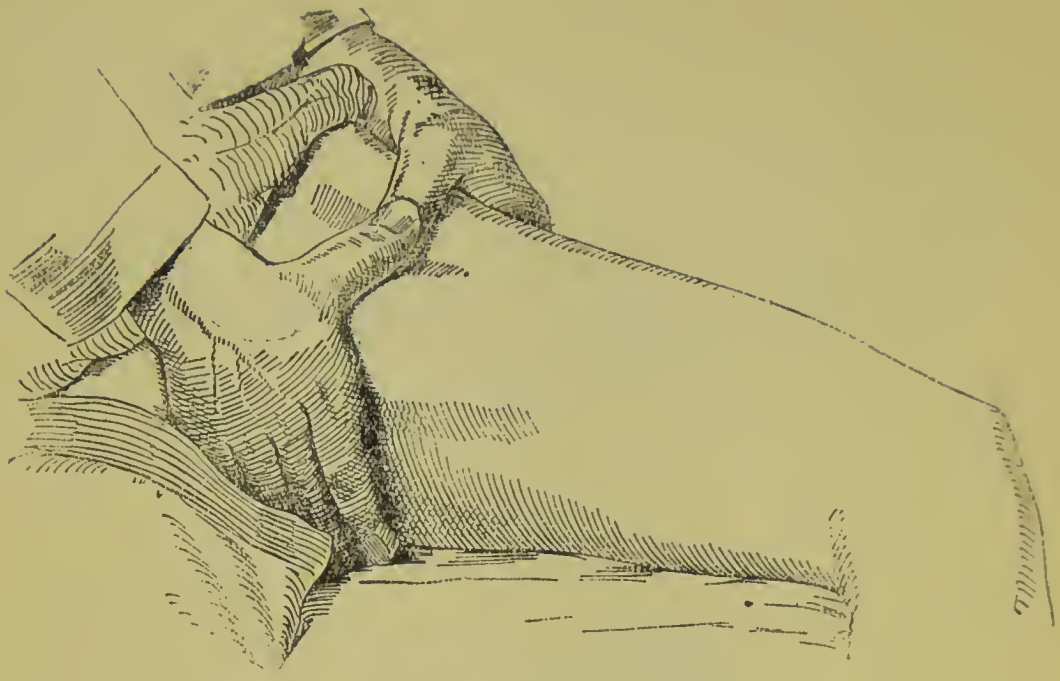
Digital Compression of Brachial.

NOTES

DIGITAL COMPRESSION OF BRACHIAL.

DIGITAL COMPRESSION OF RADIAL AND ULNAR.

NOTES

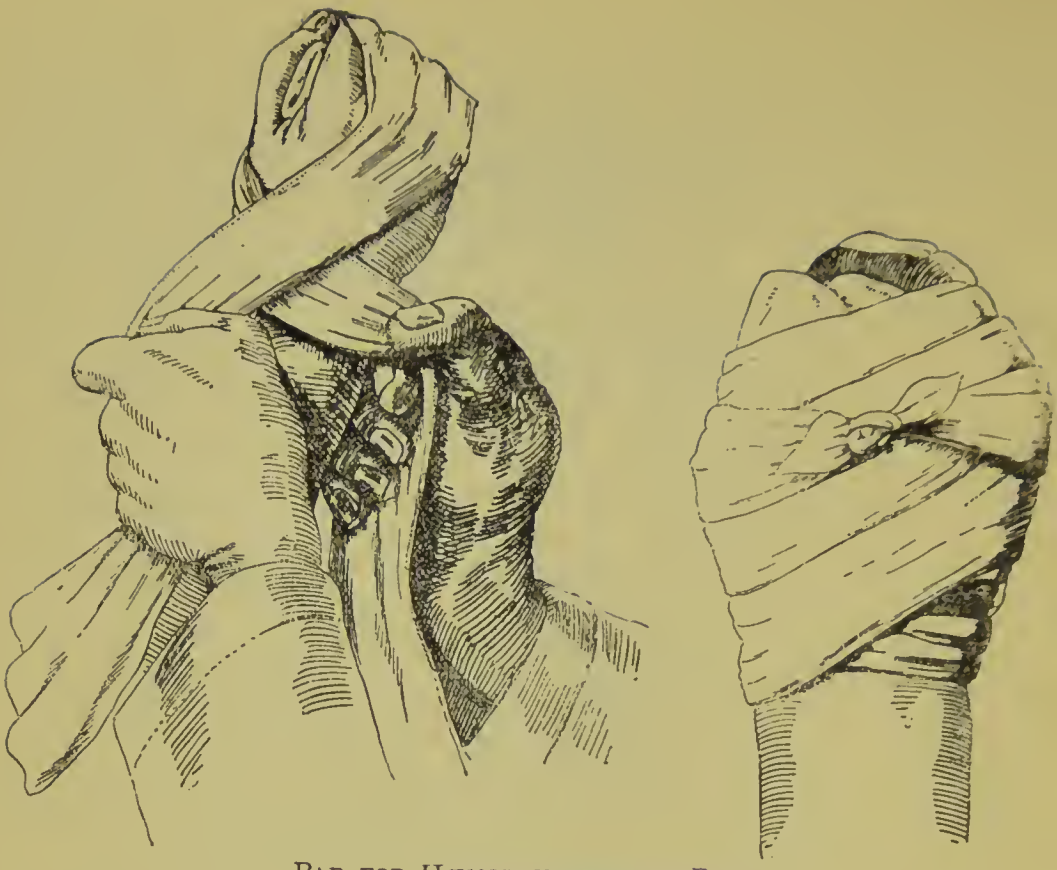


DIGITAL COMPRESSION OF FEMORAL.

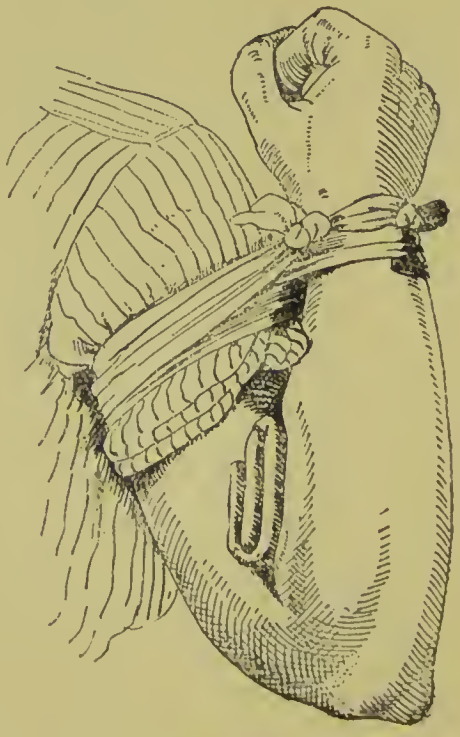
NOTES

Pad for Compression of Temporal Artery.

NOTES

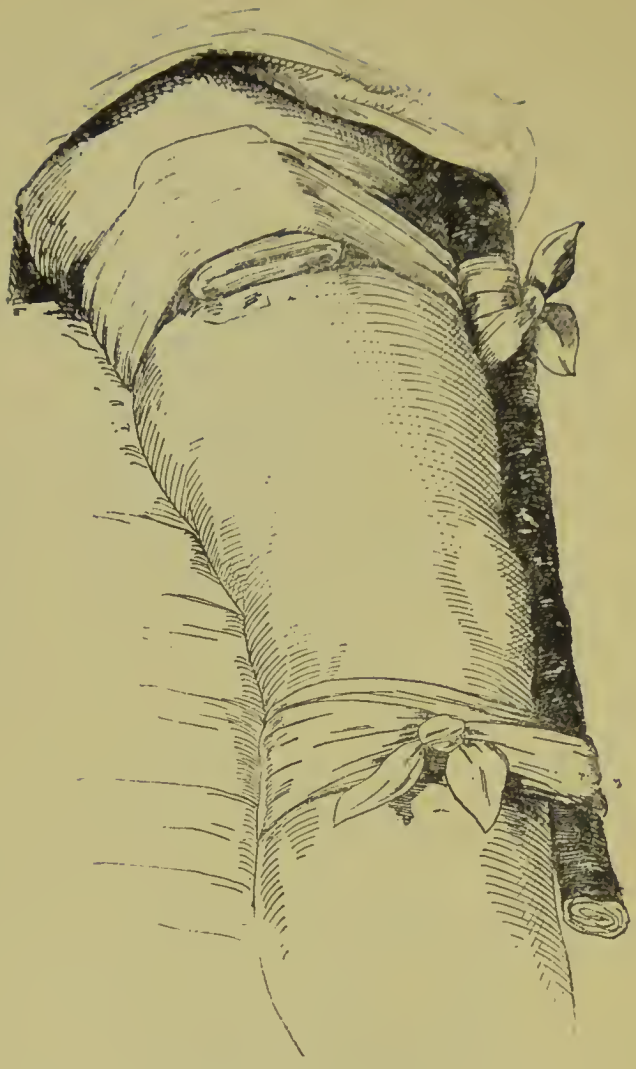


Pad for Hæmorrhage from Palm.



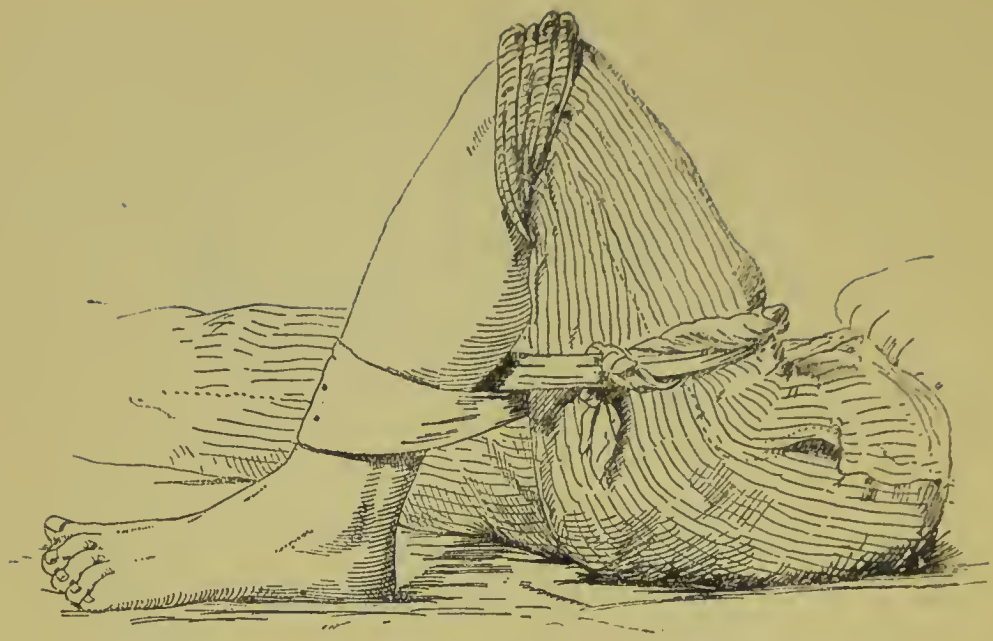
Pad for Bend of Elbow.

NOTES



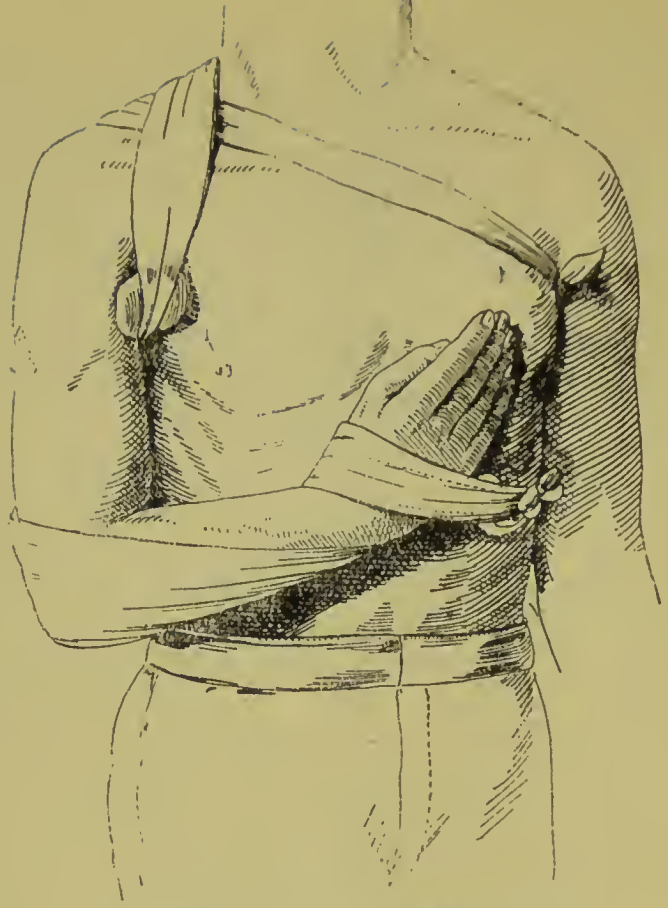
Stick Tourniquet.

NOTES



Compression of Popliteal Artery by Rolled Trouser-Leg.

NOTES



Axillary Pad for Hæmorrhage.

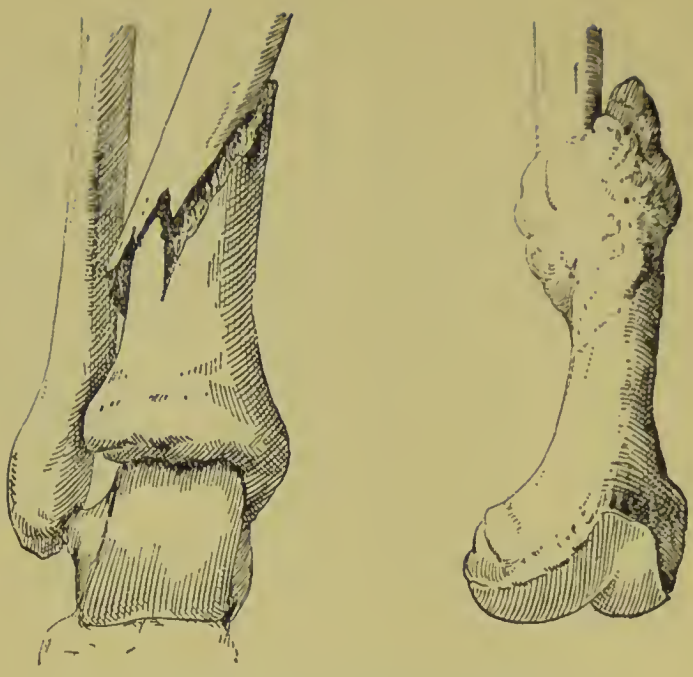
Types of Fracture. (*a*) Green-Stick. (*b*) Oblique.

NOTES

Comminuted Fracture.

Gun-Shot Fracture
(Butterfly type).

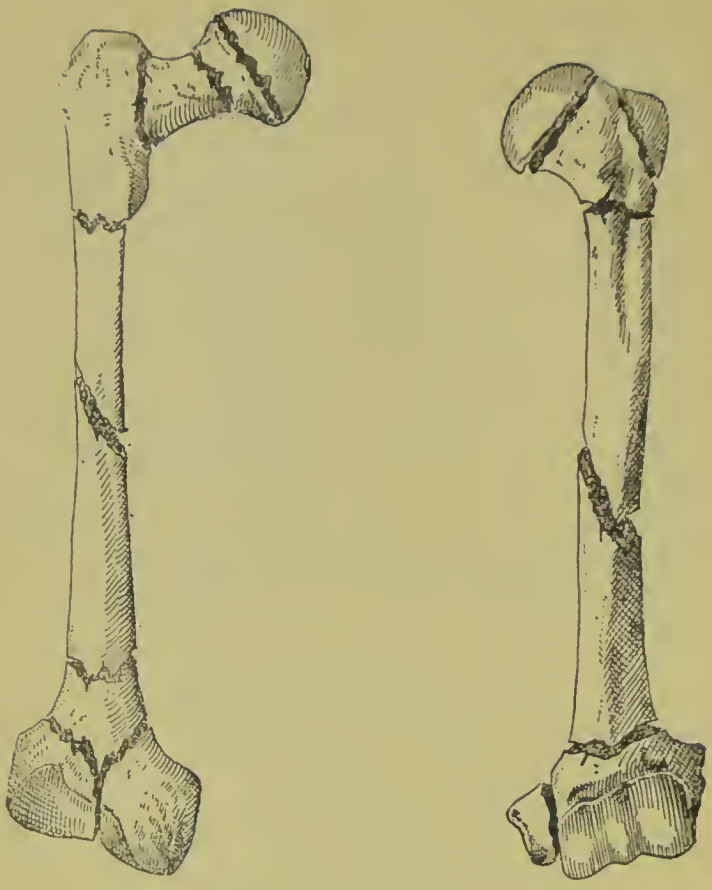
NOTES



Oblique Fracture of Tibia.

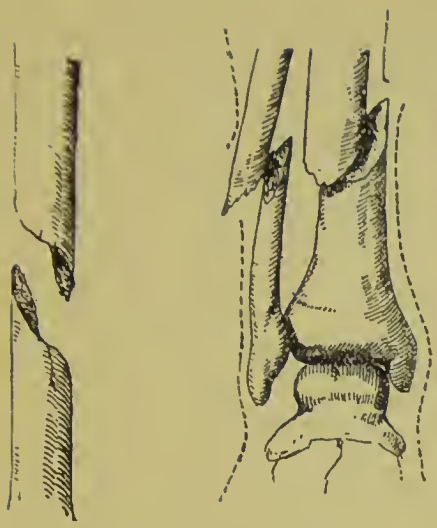
Mal-united fracture of femur with excess of Callus.

NOTES

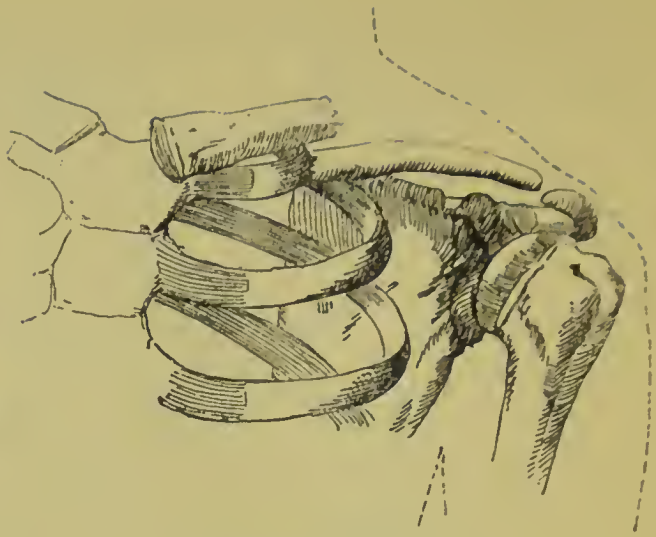


Positions of Fractures in Thigh and Arm Bones.

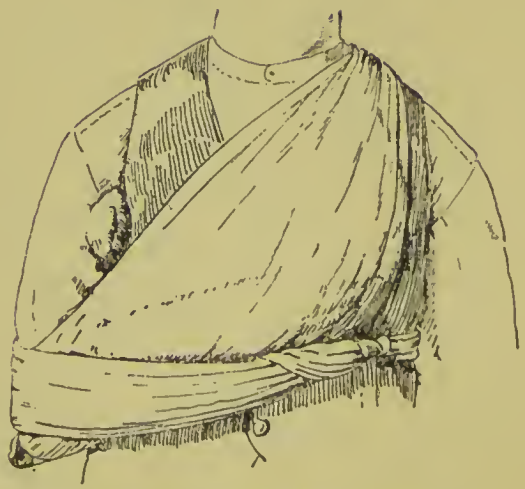
NOTES



Spiral Fracture.



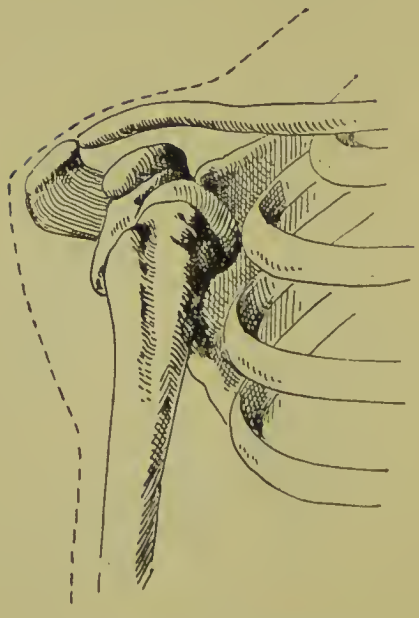
Fractured Clavicle.



For Fracture of Clavicle.

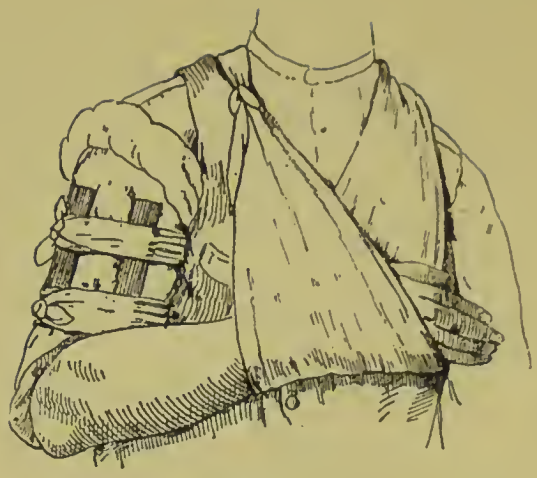
NOTES

Dislocated Shoulder.

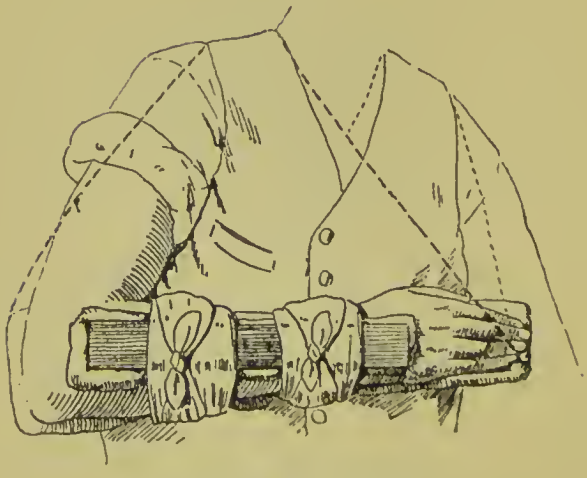


Dislocation of Shoulder.

NOTES

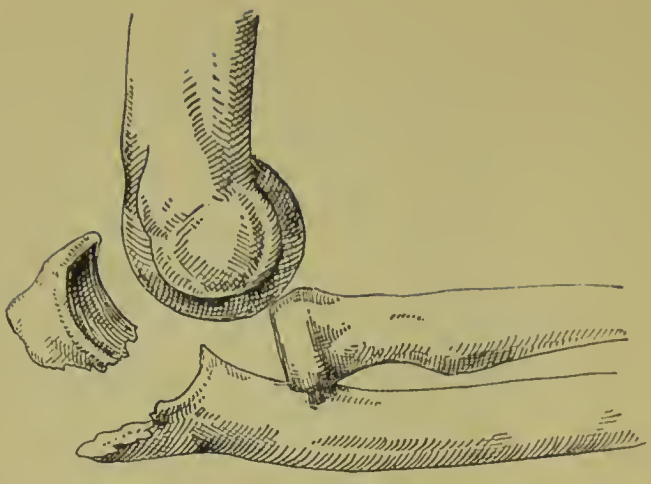


For Fracture of Humerus.



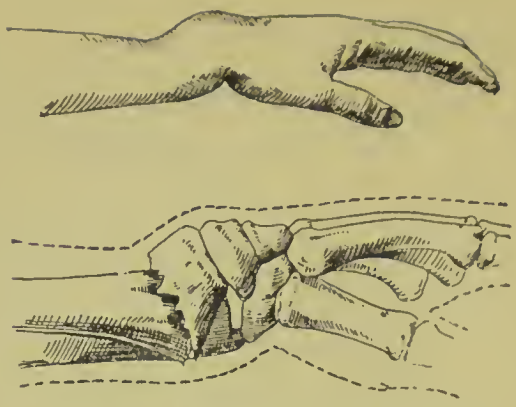
Fracture of Forearm.

NOTES



FRACTURED OLECRANON.

NOTES



COLLES' FRACTURE ABOVE WRIST.

NOTES

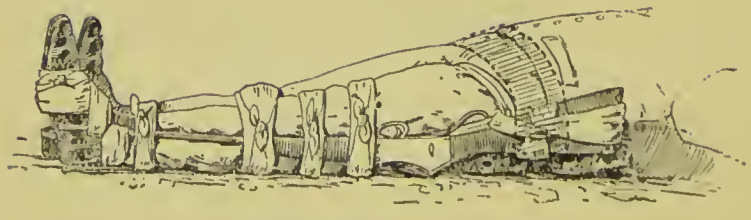
For Fracture of Jaw.

NOTES

Fracture of Thigh at Junction of Middle and Lower Third.

NOTES

For Fractured Thigh.



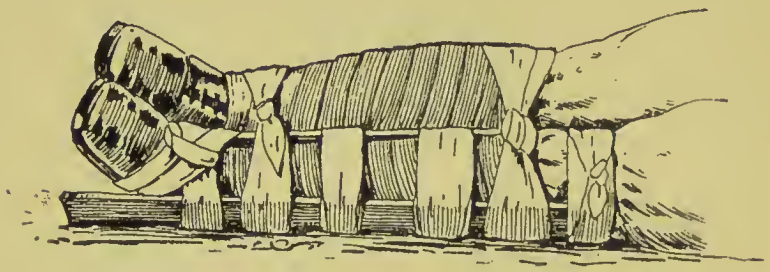
For Fractured Thigh.

NOTES

Fractured Patella.

NOTES

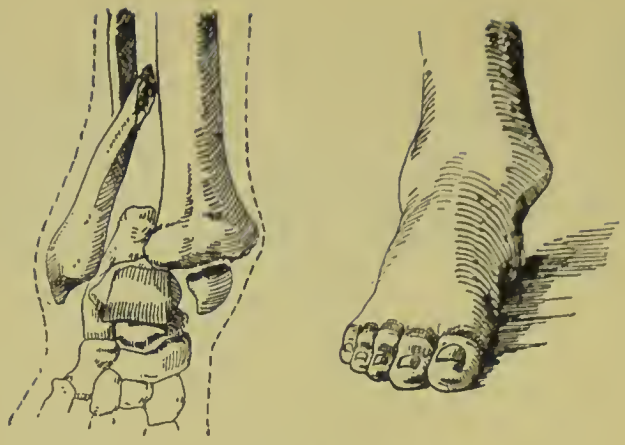
For Potts' Fracture.



For Fracture of Leg.

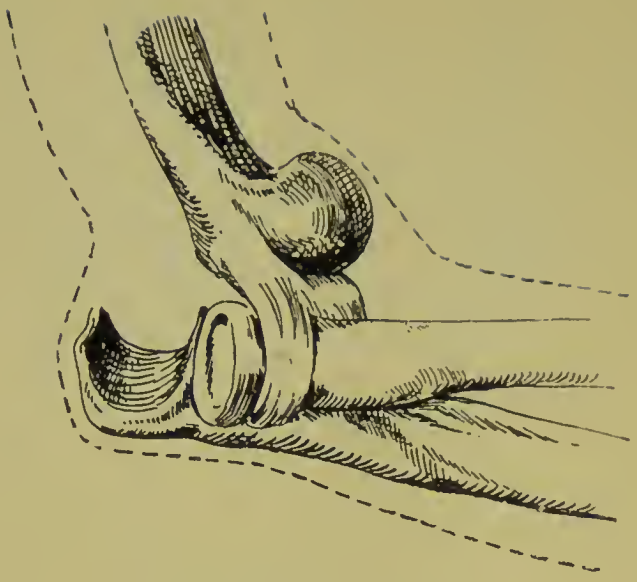
For Fracture of Patella.

NOTES



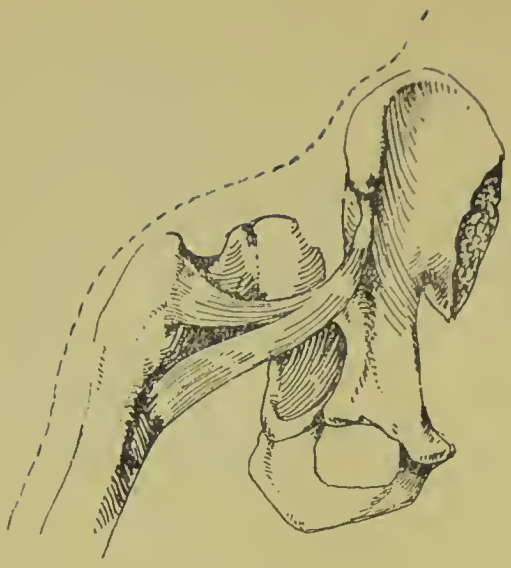
Potts' Fracture.

NOTES



Dislocation of Elbow.

NOTES



Dislocation of Hip.

NOTES

Artificial Respiration. (Sylvester.)

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ARTIFICIAL RESPIRATION. (Schäfer.)

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If draught cannot be regulated window should be left open & draught screen or covered clothes horse round bed.

Bed should be a preferably metal single bedstead (4ft, 3·6, 2ft) min from floor) Wire mattress is unsatisfactory, unsuitable if not moved, should be supplied, but not if use Spare. Old hair mattress must be handled carefully, floor not to be scrubbed if patient is going home or abroad. Complete bedding should be re-issued.

Foundation of bed should be strong & firm, covered by covering of felt to be secured by tapes, then blanket or wool mattress — covered with waterproof sheeting. Blanket. Hair mattress

Sheets should extend 12 inches top & bottom to prevent water which [illegible] bed sores. [illegible]

used to protect [illegible]

Patient sleep between blankets only when [illegible]

NOTES

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